6 Facts To Know About Euro-Peds National Center for Intensive Therapies
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Working Together!

Euro-Peds believes in teamwork.

It is the core of what we do every day as our dedicated team of PTs, PTAs and Aides combine years of experience, Euro-Pêds’ research-based approach and a family-friendly atmosphere to create a customized treatment program to work with one patient for up to four hours each day.

Helping families since 1999. we are the very first intensive pediatric physical therapy center in North America. We know being first carries a responsibility to lead, listen and respond with the world’s best research-based physical therapy for kids and young adults with gross motor challenges.

Our team are experts with coordinating integrated treatment plans with doctors, specialists, therapists, school personnel and families from nearly every state. We all have the same goal, and together we can help each person reach their full potential!

Euro-Peds regularly presents to insurance companies, medical service providers and others about the importance and benefits of intensive physical therapy.

Over the years, our organization has worked thousands of children. Many still count on us to serve their needs for increased mobility and seek out complimentary therapies. It’s a major reason we initiated a Euro-Pêds Adult program, and we have added speech therapy to our roster of services.

Our Foundation also provides treatment and travel grants to help more patients participate in life changing intensive PT. We look forward to working getting more kids, teens and adults moving and communicating.

Warm Regards,

The Euro-Peds Team &
Michelle Haney, PT, MSPT
Founder and President, Euro-Pêds Foundation
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“Kiera learned to crawl when she was two years old and she was finally able to explore her world in a way she never could before.

She learned to make eye contact, reach for and play with toys, and this led to improved language and communication.

Eventually, thanks to the dedicated staff at Euro-Pêds, Kiera learned to walk when she was three years old.” – Kathryn Frame, mother

Her life was changed forever!

#1 – History

Intensive Physical Therapy

Intensive physical therapy was pioneered in Eastern Europe. Euro-Pêds National Center for Intensive Therapies opened in Pontiac, Michigan in 1999 as the first Center of its kind in the United States. We have treated thousands of children throughout the U.S. and beyond since our inception.

We provide treatment for children and young adults with gross motor disorders including cerebral palsy, traumatic brain injury, spina bifida and a variety of syndromes.
#2 - Our Process

- **Longer appointment times** – typically 2-4 hours, as much as 5 days per week for several weeks. Local patients often come 2-3 times per week for several months. More time equals greater success.

- **Customized Approach** – Each session includes intensive bouts of individualized, one-on-one therapy sessions. Children with all levels of involvement can -and do- learn new skills such as sitting, crawling, and walking to improve mobility, self-esteem and independence.

- **Special Tools** – Patented Therapy Suit and Universal Exercise Unit provide more opportunities for increased mobility.

- **Highly Trained Physical Therapists** – Each patient benefits from a team of PTs, PTAs and Aides who work together to keep the sessions fun.

- **Home Exercise Program** – Follow up program with photos and directions to continue the progress at home.

“Grant learned to roll at Euro-Pêds. With this milestone met, his world opened up. Grant realized he can go after objects, and this motivation gave him the drive to learn how to scoot all over.

He now is learning to walk in a gait trainer and it is just a matter of time until he reaches this goal."

**Patented Therapy Suit**

Euro-Pêds was the first program in the U.S. to offer suit therapy for strengthening, balance and functional activities. Suit therapy increases proprioceptive awareness and positions the child in a more ideal alignment during these activities. Suit therapy is typically done for 1-2 hours per day. Hip X-rays and physician approval are required prior to using the suit.
#3 – Results: Their First Steps are our Success

**Adriana** was two years old when she first attended Euro-Pēds. Her first step was developing her core strength and endurance, which today allows Adriana to assist with standing transfers and to drive her power wheelchair using a head array.

Despite being fully dependent on others to provide her daily needs, Adriana loves being able to independently access her environment using her power wheelchair.

**Darren** never crawled; he rolled throughout his home to get around. In the Fall of 2003, he began walking, but was really unstable. Euro-Pēds helped Darren become steady on his feet and stable enough to walk and run unassisted.

Darren learned how to ride a bicycle at Euro-Pēds. He loves going on really long bike rides. After his most recent therapy session, Darren remarked: “I got my body back!”

**Tessa’s** cognitive and physical development is severely delayed by Cerebral Palsy. With Euro-Pēds therapy, Tessa has accomplished many first steps. She crawls, climbs, uses her left hand and is able to put all of her weight on her legs so she can take independent steps in her walker.

Euro-Pēds has enabled her to achieve things in life that doctors once said were impossible.

**Every Euro-Pēds patient advances at least one functional level during their treatment program.**

See what program may fit your child. [Apply now](#). No cost.
Euro-Peds® Adult
ORTHO/NEURO THERAPIES

#4 Euro-Peds Intensive Therapies Grown-up

Euro-Peds now provides individualized programs for adults with neuro-muscular and orthopedic conditions. Here’s why:

We want family members who take care of others to also take care of themselves.

Part of caregiving is providing physical care to loved ones. We see it every day as family members bring patients to our center. Not stretching, not paying attention to movements, and years of wear and tear can create stress on a body in any number of ways. Our adult PT services for neuro-muscular and orthopedic conditions help caregivers of all ages focus on self-care because it’s vital to their job.

We help patients navigate through adulthood and feel confident about the journey.

Many of our patients began PT at Euro-Peds as far back as 1999. These pediatric inspirations are now adults who can still make gains. We know adulthood can be a difficult process – disability or not. Symptoms of CP and other gross motor disorders may present extra obstacles along the way, but it can be managed with therapy.

Treatment is based on the same cutting-edge techniques pioneered in Eastern Europe and blended with the best practices developed in the United States. Adult therapies offered at Euro-Peds:

- Universal Exercise Unit
- Galileo Whole Body Vibration
- Suit Therapy
- Post-Surgical Therapy
- Traumatic Brain Injury
- Work Injury
- Back and Neck Pain
- Postural and Gait Training
- Neuromuscular Re-education
- Post-Stroke
- Orthopedic Manual Therapy
- Soft-tissue and Joint Mobilization
- Stretching and Strengthening
- Functional Activities Training
- Electrical Stimulation/TENS
- Ultrasound
- Cervical and Lumbar Traction
Families in our intensive PT programs often bring loved ones to multiple rehabilitation specialists, and look to us for recommendations. To provide them with the most optimal speech, language and swallowing disorder therapy solutions, we expanded to provide comprehensive diagnostic and therapeutic services in these areas. Our dedicated team of certified therapists work alongside our physical therapy team assisting children and adults with speech-language assessments, customized intervention strategies and follow-up services.

**Speech disorders** – Difficulty producing speech sounds correctly or fluently, including stuttering and articulation disorders

**Language disorders** – Difficulty understanding others or sharing thoughts, ideas or feelings either verbally or through writing

**Communication disorders** – Difficulty having conversations with others (social communication disorders) or organizing thoughts and paying attention (cognitive communication disorders)

Medical and developmental conditions that may affect communication

- Executive functioning
- Attention deficient hyperactivity disorder (ADHD)
- Autism spectrum disorder
- Cleft lip and palate
- Brain injuries
- Stroke

**Working with Infants, Children and Adults**
The Euro-Pēds Foundation (EPF) was established in 2013 to help fund intensive therapy and travel costs for children who have movement disorders caused by cerebral palsy, traumatic brain injuries, spina bifida and other gross motor disorders.

The foundation helps uninsured and underinsured children with physical disabilities receive intensive physical therapy at Euro-Pēds National Center for Intensive Therapies.

EPF is a separate 501(c)(3) organization from Euro-Pēds National Center and is independently operated by a Board of Directors, who serve as volunteers.

Grant applications and information available at www.europedsfoundation.org

For more information, contact:
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